

Semester III
GE-3(4)-301 Olympic Education

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4 Credits (3 THz+1 Tutorial)

Sr. No.	Course Title & Code	Credits	Credit Distribution of the Course			Eligibility Criteria	Pre-Requisite of the Course (if any)
			Lecture	Tutorial	Practical/Practice		
1	Olympic Education	4	3	1	0	XII	---

Objective: To impart the knowledge, practices and applications about the Olympism its functions through the various International sports federation, National committees and IOC commissions.

Learning Outcome: Students will learn the deep knowledge about ancient and modern Olympics, administration, organisation of Olympics Games and functions of IOC.

After the Completion of First Month:

The students will develop the understanding practices, applications and knowledge of Concept of Olympics movement, the ancient Olympic Games and the Modern Olympic Games and its movement. It also helps to know about the aims and symbols of the Olympic movement and International Olympic Committee (IOC).

After the Completion of Second Month:

The students will develop the understanding practices, applications and knowledge of The National Olympic Committee (NOC), International Sports Federations (IFs), National Sports Federations (NFs), Volunteerism and Olympics games.

After the Completion of Third Month:

The students will gain understanding practices, applications and knowledge of the Organization of Olympics games, international bid process for selecting sites / city for the games, Participation in Olympic Games and about Women & sports.

After the Completion of Fourth Month:

The students will gain knowledge, practices, applications and understanding of the Olympic museum, Olympic academy and Olympic solidarity programme, Paralympics games and concept of Sports for all. It also helps to know about Culture, Olympism, winning, participation and universality of the games, drug abuse and doping in sports and games.

THEORY SYLLABUS: (60 Hours/Lectures)

UNIT-I THE OLYMPIC MOVEMENT

(15 Hours/Lectures)

- 1 Concept of Olympics movement, the ancient Olympic games and the Modern Olympic games and its movement.
- 2 Aims and symbols of the Olympic movement.
- 3 The International Olympic Committee (IOC).

UNIT-II STRUCTURE OF THE OLYMPIC MOVEMENT**(15 Hours/Lectures)**

1. The National Olympic Committee (NOC).
2. The International Sports Federations (IFs).
3. The National Sports Federations (NFs).
4. Volunteerism and Olympics games.

UNIT-III THE OLYMPIC GAME**(15 Hours/Lectures)**

1. Organization of Olympics games.
2. The international bid process for selecting sites / city for the games.
3. Participation in Olympic Games.
4. Women and sports.

UNIT-IV IOC PROGRAMMES**(15 Hours/Lectures)**

1. Olympic museum, Olympic academy and Olympic solidarity program.
2. Paralympics games and concept of Sports for all.
3. Culture, Olympism, winning, participation and universality of the games.
4. Drug abuse and doping.

SUGGESTED READING:

- Carto, J.E.L. And Calif, S.D. (1984). *Medicine & Sport Science: Physical Structure of OlympicAthletes*. London: Karger.
- Cliw, Gifford, (2004). *Summer Olympic*.
- Daw, Anderson. (2008). *The Story of the Olympics*.
- Kumar, Pardeep. (2008). *Historical Development of Track & Field*. Friends Publication. New Delhi.
- Maranirs David, *Rome 1960: The Olympics that changed the world*, 2008.
- Osbome, Manpope, *Ancient Greece and the Olympic*, 2004.
- Oxlade, chris., *Olympic*, 1999.
- Perrottet, tony, *The Naked Olympics: the true story of the Ancient Games*, 2004.
- Toropove, Brandon., *The Olympic for Beginners*, 2008.
- Wallechineley, Davi, *The Complete Book of the Olympic*, 1992.